

THE SUSTAINABILITY REPORT

SDG 3



2023-2024

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BACKGROUND

GU organized various events such as Breast Cancer awareness, Diabetes awareness, Sports Day etc. contribute significantly to SDG 3: Good Health and Well-being. These events align with the broader goal of ensuring healthy lives and promoting well-being for all at all ages. Thus, Gulf University supports the Kingdom's efforts in achieving SDG 3: Good Health and Well-being. GU works closely with the government and private sector to develop and implement innovative solutions to promote Good Health and Well-being, thru various community-based initiatives as mentioned above.

By focusing on Good Health and Well-being and specific health issues like breast cancer, diabetes, stress GU is working to:

- Raise awareness: These events bring attention to critical health issues, promoting early detection, prevention, and treatment.
- Provide support: They offer support services, counseling, and resources to individuals and families affected by any health conditions.
- Advocate for inclusivity: These organizations advocate for the rights and inclusion of people with disabilities, promoting their well-being and empowerment.
- Promote healthy lifestyles: By encouraging regular check-ups, healthy eating, and physical activity, these events contribute to overall health and well-being.

Through these efforts, these organizations are making a tangible impact on the health and well-being of individuals and communities, ultimately contributing to the achievement of SDG 3.

COMMUNITY WELLNESS SESSIONS



Community wellness sessions delivered for all GU Campus inhabitants, Academic and Admin Staff and students, featuring health screenings, health advising, health guide, lifestyle management and activities promoting physical and mental well-being. The session is animated by experts from local health organizations.

BREAST CANCER EVENT



In collaboration with SSU and the Student's Council, the Community Engagement Centre orchestrated a significant awareness initiative named "Her Fight Is All of Ours." This impactful event, conducted on 30/10/2023, sought to promote unity and increase awareness regarding the vital importance of early screening and detection.

SPORTS DAY



Dr. Mohammed Dawwas, representing the Community Engagement Centre, joined forces with SSU and the Student's Council to orchestrate a Sports Day at the university. The primary objective of this event was to encourage physical activity and cultivate a strong sense of community among the student body. The Sports

Day offered a platform for students to participate in a wide range of sports and recreational activities, promoting a healthy and active lifestyle.

DISABILITY AND GOOD WORD ASSOCIATION



As an integral component of GU's Community Engagement Centre's continuous initiatives, the CECE Center actively facilitated media coverage for significant events such as the Alhorogh competition, organized by Bahraini Catalysts' Disabilities Association on Thursday 14/03/2024 in the New Seasons Hall. In addition, the GU's community engagement center facilitated media coverage for Good Word Association on Wednesday 27/03/2024.

Bahraini Catalysts' Disabilities Society



As part of the initiatives led by the Community Engagement Centre at Gulf University, Dr. Mohammed Dawwas, the director of the Centre, along with academic staff members Dr. Ali Ateeq and Dr. Ahmed Tawalbeh, signed memorandums of understanding (MoU) with the Bahraini Catalysts' Disabilities Society. The aim of this MoU was to foster collaboration and support for individuals with disabilities through initiatives and community engagement, as well as to provide tailored educational programs and workshops that support the personal and professional development of individuals with disabilities.

Ministry of Health (12th June)

Dr Mujeeb the (Head of accounting program), Dr Qais (the head of administrative science), and Dr Jaafer visited the Ministry of Health on June 12,2024. They discussed several topics in the meeting. The ministry is willing to effectively collaborate with Gulf University. They introduced all their activities in the meeting and looked for a good relationship with the university in terms of education, engagement committee and research. Further, they request some discount from the university to send their employees to continue their studies at gulf university.

GU and Ram Medical Center Partner for Student Wellness

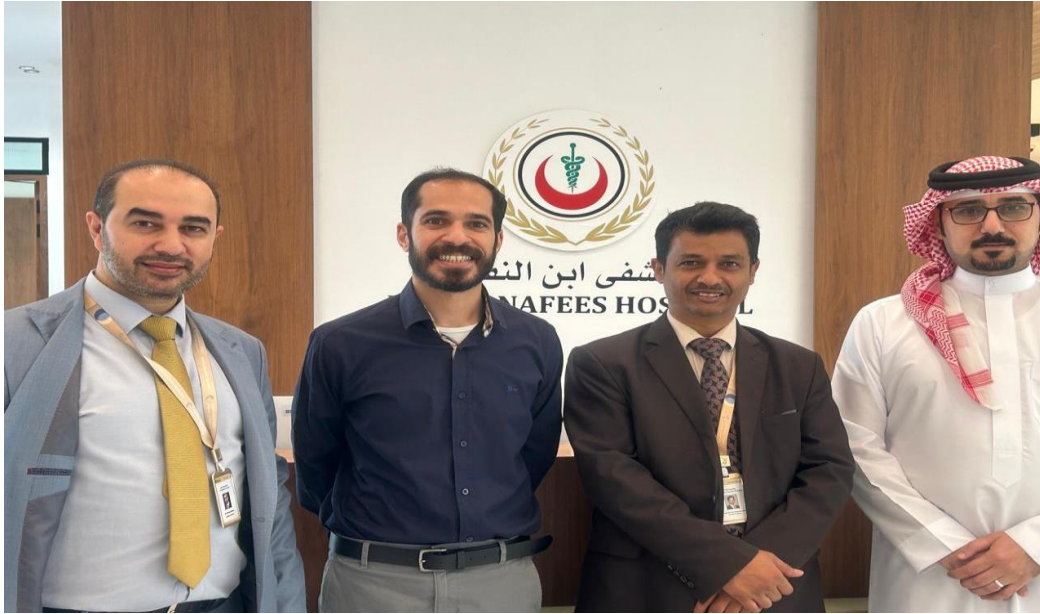
Dr. Mahmoud ALZgool, the Dean of Administrative and Financial Science, along with Dr. Mujeeb and Dr. Jaafer, visited Ram Medical Center on June 25, 2024. The delegation from Gulf University met with the Marketing Manager, PR Manager, and Accountant Manager to discuss collaboration between the university and Ram Medical Center. This collaboration encompasses participation in university activities and events. Additionally, Ram Medical Center expressed willingness to offer special discounts on all services to students, faculty members, and their families.

UN Office, Bahrain



As part of the Community Engagement Centre's initiatives at gulf university, a delegation consisting of Dr. Mohammed Dawwas (Director of the Community Engagement and Continuing Education Centre), Dr. Mahmoud ALZgool, the Dean of Administrative and Financial Science, Dr Mujeeb, Dr Qais, and Dr Jaafer have visited the UN on June 26,2024 to discuss aspects of cooperation between Gulf University and the UN. The meeting was good and fruitful, as the UN expressed its desire to cooperate with the university in all educational, community, and service fields, as well as scientific research.

GU and Ibn Al Nafees Hospital Joined to Enhance Student Well-being



Dr. Mahmoud ALZgool, the Dean of Administrative and Financial Science, along with Dr. Mujeeb, Dr. Marwan Milhem and Dr. Jaafer, visited Ibn Al Nafees Hospital on July 10, 2024. The delegation from Gulf University met with the esteemed persons at Ibn Al Nafees Hospital to discuss collaboration between the university and Ibn Al Nafees Hospital. The meeting was good and fruitful, as the Ibn Al Nafees Hospital expressed its desire to cooperate with GU. Additionally, Ibn Al Nafees Hospital expressed willingness to offer special discounts on all services to students, faculty members, and their families.

COMMUNITY CENTER, GU PROVIDES PLATFORM FOR EMPOWERING DEAF COMMUNITY





As part of the center's efforts to enhance positive communication and interaction with the community, one of the halls has been allocated to host the Bahrain Deaf Society with the aim of providing an important training course in sign language. The center's initiative involved providing the necessary space and facilities to ensure the availability of an effective and inspiring learning environment for the participants. This step is part of the center's commitment to supporting events and activities that contribute to improving the quality of life for various segments of the community. The course reflects positive strides towards promoting solidarity and effective communication with individuals with special needs.

BAHRAINI CATALYSTS' DISABILITIES ASSOCIATION



Gulf University featured Dr. Mohammed Dawwas, and students from GU actively took part in the Marathon organized in collaboration with the Bahraini Catalysts' Disabilities Association, with the primary goal of promoting inclusivity and supporting the empowerment of individuals with disabilities. In addition, the Community Service Center at Gulf University generously donated funds to the Bahraini Catalysts' Disabilities Association, with the aim of fostering inclusivity and supporting the empowerment of individuals with disabilities.

GU Sustainability Week | 20th -24th October 2024 | Gulf University -Bahrain Campus

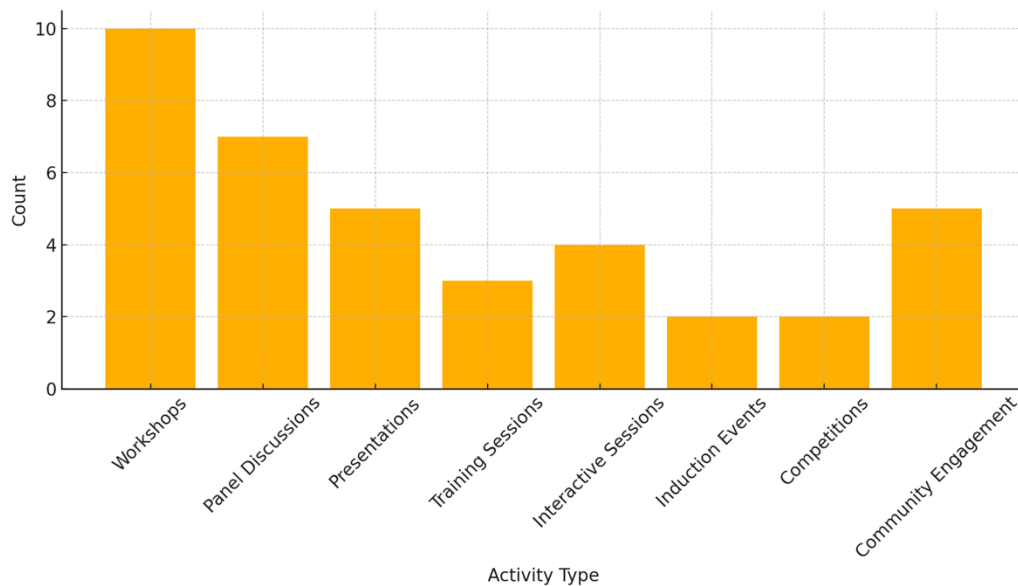
The “Sustainability Week 2024” organized by Gulf University, Kingdom of Bahrain from the 20th to the 24th of October 2024 was a significant initiative dedicated to promoting sustainable practices aligned with the United Nations' 17 Sustainable Development Goals (SDGs). This event brought together a diverse array of participants, including students, faculty, staff, industry partners, experts, government representatives, and community members. Through a range of activities and initiatives, this event aimed to promote environmental, social, and economic sustainability efforts. By bringing together academia, industry, and the community, Gulf University's Sustainability Week 2024 has made a significant contribution to promoting sustainability in Bahrain and beyond.

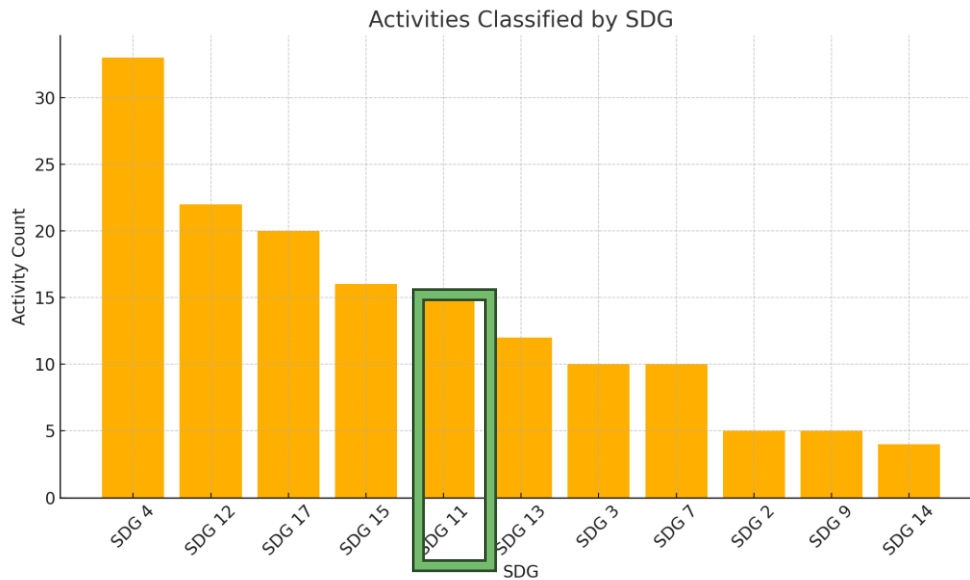
SUMMARY OF ACTIVITIES BY TYPE

This section provides an overview of all activities conducted during the Sustainability Week, broken down by type and specific examples.

Table 1: GUSW Activities Count

GUSW Activity Type	Count	Topic/Scope
Workshops	10	Energy Conservation, Recycling & Waste Management, Nutrition, Digital Solutions, Clean Energy
Panel Discussions	7	Climate Action, Biodiversity, Circular Economy, Urban Planning
Presentations	5	SDG Overview, Climate Change, Smart Mobility, Urban Design
Training Sessions	3	“AI & Metaversity for Sustainable Development” Workshop, ESG Engagement, Smart Cities
Interactive Sessions	4	Marine Conservation Awareness, SDG Exploration, Tree Planting, Community Wellness
Induction Events	2	Sustainability Club Formation, Campus Clean-Up Challenge
Competitions	2	SDG Quiz, Best Innovative Research/Project Competition
Community Engagement Activities	5	Farmers Market, Potluck Lunch, Tree Planting, On-Campus Clean-Up, Donation Drives
Key Speakers/Panelists	20+	Including representatives from Ministries, KPMG Bahrain, UNIC, Bahrain Science Center





Total 10 activities conducted for SDG 3: Good Health and Well-Being

Activities for SDG 3: Good Health and Well-Being

The university organized a total 10 activities aligned with SDG 3: Good Health and Well-being. These initiatives included workshops, panel discussions, presentations, training sessions, and interactive sessions on topics such as, recycling, waste management, nutrition, clean energy, climate action, biodiversity, circular economy, urban planning, and smart mobility.

Additionally, the university engaged in community engagement activities like farmers markets, tree planting, campus clean-ups, and donation drives. By promoting the awareness thru knowledge sharing, practical skills development, and community engagement, these activities contributed to the achievement of SDG 3, promoting good health and well-being for all.

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